

Lisa Bronner's

GREEN GUIDE

GREEN-IT-YOURSELF (GIY) FAVORITES

All-Purpose Cleaning Spray

Mix 2 Tbsp. Dr. Bronner's Pure-Castile Magic Soap® OR 1 ½ tsp. Sal Suds Cleaner into 16 oz. water in a spray bottle. Spray and wipe down with a damp cloth.

Laundry

3-4 Tbsp. Magic Soap OR 1 ½ Tbsp. Sal Suds in large HE washer. Optional: For extra whitening/brightening, add ¼ c. baking soda to wash cycle and/or ½ c. vinegar to the rinse cycle. Double all amounts for a standard machine.

Dishes (handwashing)

In a squirt bottle, pre-dilute 1:10 Magic Soap with water OR add ½ c. Sal Suds into 1 quart of water. Squirt on a scrub brush.

Mopping

Mix ½ c. Magic Soap OR ½ Tbsp. Sal Suds in 3 gallons hot water.

Windows

Fill a spray bottle with half vinegar, half water. Spray and squeegee.

Pet Washing

Wet fur thoroughly, squirt on enough Magic Soap to work into lather. Avoid eyes and ears. Rinse thoroughly. Bathe cats with Baby Unscented only. Wash pet bowls and equipment with Sal Suds or Magic Soap. (Avoid using Tea Tree to wash pets, as tea tree oil can be toxic to them.)

Personal care with Dr. Bronner's Magic Soaps: one product from head to toe!

Hands-Face-Body: Lather Pure-Castile Magic Bar Soap or a small squirt of Magic Soap into wet hands or washcloth.

Foaming Pump Dispenser

1 part Magic Soap in 3 parts water.

Shaving

Lather Magic Bar Soap or 5-10 drops Magic Soap into wet hands. Use for face, underarms, or legs.

Makeup Removal

Lather Magic Bar Soap or several drops of Magic Soap into wet hands. Massage on to wet skin. Rinse.

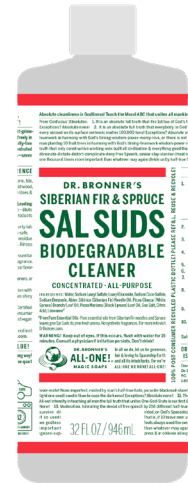
Wipe-Off Castile Body Wash Spray

Combine 1 ½ tsp. of Magic Soap and 1 c. room temperature water. Lightly spray onto skin and wipe off with clean, damp cloth. Use when bath or shower is not an option.

Sal Suds cleaner shows >60% biodegradation after 28 days per ISO 14593.



For body and home, gentle on sensitive skin.



For tougher cleaning jobs and hard water conditions.

About Lisa Bronner

Lisa Bronner, granddaughter of Emanuel Bronner who founded Dr. Bronner's Magic Soaps, is the founder and editor-in-chief of Going Green with Lisa Bronner, which encourages a lifestyle that is healthier, simpler, and more beautiful at its core.

Going Green with Lisa Bronner

Founded in 2010, the Going Green with Lisa Bronner website and social media channels guide customers on the extensive versatility of Dr. Bronner's products; host lively forums for green living help; provide many household chemistry lessons; and encourage people towards a simpler and more life-filled life.



SOAP & SOUL BOOK!

The essential companion guide to using Dr. Bronner's products for home & body care. Available in hardback, audiobook, & eBook.



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